



**United Way**  
**Sarnia-Lambton**  
theunitedway.on.ca

# YMCA of Southwestern Ontario

## 2022-23 United Way Funding

Resource Houses – 93,600

Autism Summer Camp - \$30,000

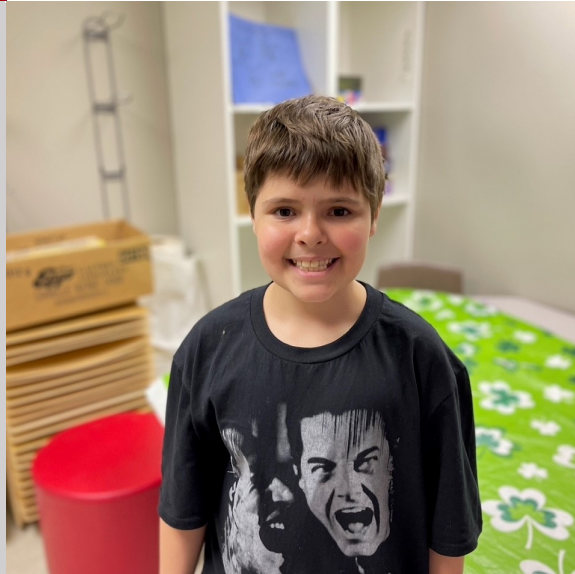




# Individuals helped in 2022-23

Resources Houses – 101 individuals

Autism Summer Camp – 13 individuals



# Program Descriptions



There are 3 Resource Houses in Sarna located in geared to income neighborhoods offering before and after school programming. The before school breakfast program gives youth the opportunity to learn kitchen safety skills, independence and be provided a healthy meal to start their days. The afterschool recreation programming allows youth to connect with others, get active, have the opportunity to get some homework help and learn the importance of good healthy active living and good nutrition practices.

Autism Summer Camp focuses on education, recreation, social skills and life skills. It is a specialized intensive day program for individuals with autism based on a structured school day to help ease the transition from school to summer and back to school.



# Program Results

## Results


90% of children who participated in the Resource House program had reduced absenteeism at school

85% of children who participated in the Resource House program showed an increase in success at school

93% of autism summer campers achieved their individual goals

80% of parents of the autism summer campers reported a smooth transition from school to summer camp and back to school





**I support  
the  
United Way**



**United Way**  
Sarnia-Lambton

## Testimonials

Resource House parents:

“I am so happy that there is such a great diversity amongst staff, this has helped my child feel connected to the program.”

“The smiles that my daughter comes home with after the program makes me really happy, she loves going and looks forward to it daily.”

Autism Summer Camp parent:

The camp was absolutely wonderful. The campers worked hard over the summer and were often out walking around, going to the pool, splash pad, parks and even the farmer's market. They were very open, honest and safe.”



**United Way**  
Sarnia-Lambton  
[theunitedway.on.ca](http://theunitedway.on.ca)