



United Way
Sarnia-Lambton
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Boys & Girls Club Sarnia-Lambton

2022-23 United Way Funding

Out of School Programs - \$81,667

Summer Day Camp - \$12,000



Sarnia-Lambton



Children helped by Boys & Girls Club in 2022-23

Out of School Programs – 87 youth
Summer Day Camp – 117 youth



ProgramDescriptions

Out of school programs help youth to develop skills and abilities that will allow them to effectively solve problems, overcome disadvantages, and positively deal with the challenges in their lives. The programs help to keep kids off the street, supports them in resisting peer pressure and prevents them from engaging in risky behaviors.

Summer Day Camp occupies youth with productive and meaningful activities, teach life skills, and provide an environment that builds upon their personal strengths. The program nurtures confidence and self-esteem in youth; the emphasis on character building and developing their social, emotional, and vocational abilities. Youth are involved in activities that provide opportunities for personal expression, leadership, community involvement, and volunteerism.



Program Results



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Out of School Programs

63% of youth displayed improved personal social skills

67% of youth showed a decrease in aggressive behaviors

72% of youth showed an increased knowledge of personal health and wellness

Summer Day Camp

73% of youth showed a marked improvement in social interaction skills and self-efficacy

77% of youth displayed a decrease in instances of anti social and aggressive behaviors

80% of youth showed an improved knowledge of overall health and wellness



Testimonials

Boys & Girls Club staff:

“We know that our kids are more confident, more resilient, and make better choices, because of our Club. Whether it’s an after-school drop-in program, or our healthy living programs, they are life-changing opportunities that we are proud to provide every day.”

“The social isolation of COVID has resulted in a backward slide in children’s social skills. Limited social interaction, engaging with fewer people, and only doing so in large or outdoor spaces have affected how children interact and they are having to relearn how to navigate in a group setting.”

“We noticed a marked decline in the kid’s emotional regulation, social and group interaction skills, particularly in the older cohort. Many in the older cohort displayed behaviors usually seen in the youth group, for example - Attention seeking, Bullying, Tantrums, Crying, Hitting etc.”

“Amongst both groups we noticed a strong social insecurity resulting in a need for touch and contact from the staff. As the program progressed, all of these needs and behaviors improved significantly.”