



United Way
Sarnia-Lambton
theunitedway.on.ca



Canadian Red Cross

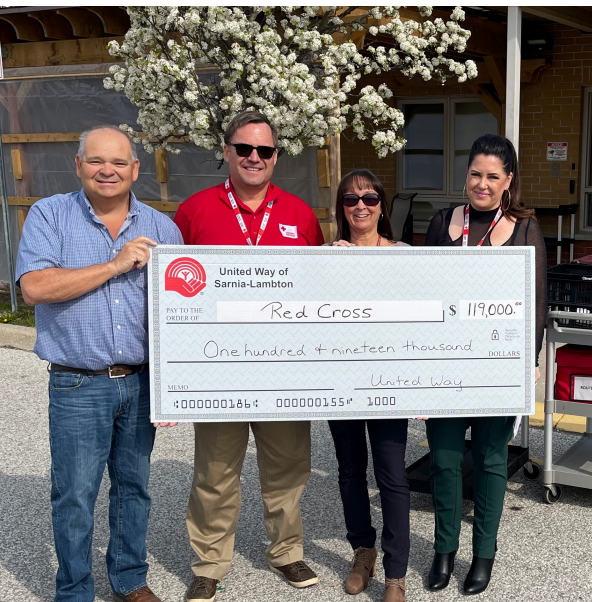
Canadian Red Cross

2022-23 United Way Funding

Transportation - \$58,000

Meals on Wheels - \$31,000

Homeward Bound - \$30,000



People helped by Canadian Red Cross in 2022-23

Transportation – 1415 clients
Meals on Wheels – 266 clients
Homeward Bound – 725 clients

Program Descriptions

Transportation allows seniors to get to many different kinds of appointments, including eye doctors, dietary clinics, physicians, specialists and other programs that are funded through United Way. The service enables all of our seniors, some who are 90+, to get the care they need in order to stay healthy and happy in their own home. Staying active and having a social element to their lives is a key strategy for healthy living. United Way funds are used to subsidize those seniors who cannot afford the full Transportation costs.

Meals on Wheels allow clients to receive a healthier, full course meal which ensures they receive the nutrients they need to continue to live on their own. It allows the clients to not worry about getting too many groceries on a weekly basis or having to cook each meal of the day. The delivery interaction also acts as a check up on the client's wellbeing. United Way funds are used to subsidize those seniors who cannot afford the full Meals on Wheels cost.

Homeward Bound provides clients, who have no other supports, transportation home from hospital, in home support services including grocery shopping, light housekeeping duties, laundry, meal preparation, frozen meals, and pickup of pharmacy prescriptions. They also receive a Home Safety Assessment, Fall Risk Assessment as well as referrals and coordination to other community supports.



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Program Results



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Transportation

94% of client's report having an increased quality of life because they have accessed our transportation services

94% of clients report that the transportation service has helped them avoid trips to the Emergency Department, re-admission to hospital or have delayed admission to long term care

91% of trips provided were for medical reasons

Meals on Wheels

100% of clients report they have improved nutritional status because of Meals on Wheels

100% of all request for subsidized meals were fulfilled. Out of our total of 29,816 meals, 8,231 were subsidized with United Way funding

70% of clients report a reduction in admissions to the hospital, Emergency Department or Long-Term care

Homeward Bound

125 clients residing in North Lambton were transitioned from hospital to home last year, received 566 hours of care and 700 meals

100% of clients requiring on-going supports were provided with the information necessary and/or transportation to such supports



Testimonials

Red Cross Client:

“To the many volunteers of the Red Cross Meals on Wheels program, I am eternally grateful to each and every one of you who have given without question! The men and women who bring hot nutritious meals right to our door. No matter it be hot or cold, wintery or any other condition, I asked myself what drives these volunteers! I’m sure there are many reasons, but a few common traits are compassionate, caring and loving respectful people. Thank you all so much!”

Red Cross Homeward Bound Staff:

“We had a client that was being discharged from hospital. When our worker went into the client's home, it was very unsafe for the client due to hoarding issues. The client was very anxious to have someone come into their home. Once the client was comfortable with the worker, the client allowed the office staff to call housing and received an assisted clean up of their home. The client is now in their home, safe and comfortable.”