

Impact Report



Investment Priorities:

- **Poverty to Possibility**
- **Healthy People, Strong Communities**
- **All That Kids Can Be**

The statistics contained in this report are drawn from local and national data sources, as well as information provided by our Funded Partners.



United Way
Sarnia-Lambton

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28 Programs
16 Agencies
1 Community

Poverty to Possibility

The Issues:



Over **16,000 people** are living in low income households in Lambton County



In the fall of 2024 there were **886 people** on the affordable housing wait list



An estimated **20,000 people** in Lambton County experience food insecurity

Your United Way responds:

- **32,829 meals** were delivered last year by Canadian Red Cross and LEO, 21% of these meals were fully subsidized, the remainder were partially subsidized based on income
- **33 residents** at River City Vineyard last year secured permanent housing
- **4,122 income tax returns** were completed last year generating **\$15,972,247** in benefits for individuals in our community
- **121 people** received emergency rent, medical, dental or hearing assistance

Impact:

48% of those using the income tax clinic did not need to access other social supports



100% of meals on wheels clients improved their nutritional status



84% of households were able to sustain their residency



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Healthy People, Strong Communities

The Issues:



Almost **half of Lambton County** residents have experienced a form of mental health issue or condition in the past year



31,455 people living in Lambton County are 65 years of age or older, this is projected to climb to 39,257 by 2036



35% of rural homes in Lambton County are maintained by seniors



An estimated **27,000 Lambton County residents** are in need of mental health counselling

Your United Way responds:

- **51,872 transportation trips** were provided to seniors and those living with disabilities to attend medical and social appointments
- **58,799 tel check calls** were made to those living in isolation or with mental health conditions
- **119 clients** in North Lambton received **947 hours** of care in order to successfully transition from hospital back to home
- **121 survivors** of stroke or acquired brain injury had a safe place to go while giving their caregiver respite

Impact:

94%

of transportation clients were able to avoid trips to the hospital emergency department



92%

of those accessing mental health services had a reduction in their anxiety, depression, and feeling of isolation



100%

of survivors participating in exercise were able to maintain their level of fitness without digressing



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All That Kids Can Be

The Issues:



21,528 children and youth live in poverty in Lambton County



Many of these 21,528 children **go to school hungry** which negatively affects their ability to learn



27% of youth report binge drinking and **20% of young** adults report weekly use of cannabis

Your United Way responds:

- **4,566 kids** were able to get healthy food at school
- **720 kids** were matched with a caring adult mentor, or participated in group mentor programs
- **1,323 kids** attended out of school programs focused on developing skills to effectively solve problems, positively deal with challenges, resist peer pressure and avoid engagement in risky behaviour

Impact:

97% of kids participating in the funded programs demonstrated an overall improvement in success at school

98%

of kids had a reduced absenteeism at school



82%

of youth displayed increased self-confidence and personal growth



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88%

of youth have become more physically active





Summary

- **20,105 people** were directly impacted by United Way funded programs last year. This represents 16% of the population of Lambton County, an increase of 2% over last year; **6,930** of these were children.

United Way's Funded Partners

Poverty to Possibility:

- **Canadian Red Cross**
Subsidized Meals on Wheels
- **Habitat for Humanity**
Handyman Program
- **John Howard Society**
Rapid Housing
- **LEO**
Subsidized Meals on Wheels
- **North Lambton Community Health Centre**
Opening Doors Program
- **River City Vineyard**
Shelter Security
- **Salvation Army**
Rent & Utility Assistance
- **Salvation Army**
Medical Assistance
- **Salvation Army**
Dental Assistance
- **Salvation Army**
Hearing Aid Assistance
- **The Inn of the Good Shepherd**
Income Tax Clinics
- **Walpole Island**
Warming Shelter

All That Kids Can Be

- **Big Brothers Big Sisters**
Matching Program
- **Big Brothers Big Sisters**
In School Mentoring
- **Big Brothers Big Sisters**
Big Bunch
- **Big Brothers Big Sisters**
Go Girls Game On
- **BGC**
Out of School Program
- **BGC**
Summer Day Camp
- **Rebound**
Early Intervention & Prevention
- **VON**
School Food Nutrition
- **YMCA**
Autism Summer Camp
- **YMCA**
Resource Houses

Healthy People, Strong Communities

- **Canadian Red Cross**
Subsidized Transportation
- **Canadian Red Cross**
Homeward Bound in North Lambton
- **Family Counselling Centre**
Subsidized Counselling
- **Family Counselling Centre**
Tel Check Program
- **LEO**
Subsidized Transportation
- **New Beginnings, ABI & Stroke Recovery**
Community Integration



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