

Impact Report



Investment Priorities:

- **Poverty to Possibility**
- **Healthy People, Strong Communities**
- **All That Kids Can Be**

The statistics contained in this report are drawn from local and national data sources, as well as information provided by our Funded Partners.



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SARNIA-LAMBTON
Stronger Together

Poverty to Possibility

The Issues:



Over **20,000 people** (15 to 16% of the population) are living in low income households in Lambton County,



Currently there are **1002 households** on the affordable housing wait list



A massive **25.4% of Lambton households** experienced food insecurity in 2023-24, nearly doubling from 2021-22

Your United Way responds:

- **23,730 subsidized meals** were delivered last year by Canadian Red Cross and LEO
 - **61 people** were able to secure or maintain permanent housing
 - **7,644 income tax returns** were completed last year generating **\$11,422,193** in government benefits for individuals in our community
 - **790 people** received subsidized handyman services in order to continue to live in a safe home
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Impact:

48%

of those using the income tax clinic did not need to access other social supports



92%

of meals on wheels clients improved their nutritional status



100%

of households assisted were able to sustain their residency



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Healthy People, Strong Communities

The Issues:



Anxiety, depression, and loneliness are the primary mental health concerns, with **66% of local youth** experiencing a mental health condition in the past year.



Approximately **35,000 people** living in Lambton County are 65 years of age or older



35% of rural homes in Lambton County are maintained by seniors



An estimated **27,000 Lambton County residents** are in need of mental health counselling

Your United Way responds:

- **41,436 subsidized transportation trips** were provided to seniors and those living with disabilities to attend medical and social appointments
- **49,230 tel check calls** were made to those living in isolation or with mental health conditions
- **133 clients** in North Lambton received **814 hours** of care in order to successfully transition from hospital back to home
- **83 survivors** of stroke or acquired brain injury received physical, emotional, social and cognitive supports to improve their quality of life

Impact:

94%

of transportation clients were able to avoid trips to the hospital emergency department



4,607

individuals were positively impacted by subsidized mental health programs



70%

of stroke or brain injury survivors participating in exercise classes were able to reach a normal or above average level of fitness



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All That Kids Can Be

The Issues:



25,457 children and youth live in poverty in Lambton County



Many of these 25,457 children **go to school hungry** which negatively affects their ability to learn



4 in 10 people are exposed to substance use activity in their neighbourhoods.

Your United Way responds:

- **7,643 kids** were able to get healthy food at school
- **761 kids** were matched with a caring adult mentor, or participated in group mentor programs
- **1,579 kids** attended out of school programs focused on developing skills to effectively solve problems, positively deal with challenges, resist peer pressure and avoid engagement in risky behaviour

Impact:

97% of kids demonstrated an overall improvement in success at school

91%

of kids had a reduced absenteeism at school



96%

of youth had an overall improvement in emotional and physical well-being



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98%

of children & youth formed positive, caring relationships with adult mentors





Summary

- **23,731 people** were directly impacted by United Way funded programs last year. This represents 17% of the population of Lambton County, an increase of 1% over last year; **10,212** of these were children.

United Way's Funded Partners

Poverty to Possibility:

- **Canadian Red Cross**
Subsidized Meals on Wheels
- **Habitat for Humanity**
Handyman Program
- **John Howard Society**
Rapid Housing
- **LEO**
Subsidized Meals on Wheels
- **North Lambton Community Health Centre**
Opening Doors Program
- **River City Vineyard**
Shelter Security
- **Salvation Army**
Rent & Utility Assistance
- **Salvation Army**
Medical Assistance
- **Salvation Army**
Dental Assistance
- **Salvation Army**
Hearing Aid Assistance
- **The Inn of the Good Shepherd**
Income Tax Clinics
- **Walpole Island**
Warming Shelter

All That Kids Can Be

- **Big Brothers Big Sisters**
Matching Program
- **Big Brothers Big Sisters**
In School Mentoring
- **Big Brothers Big Sisters**
Big Bunch
- **Big Brothers Big Sisters**
Go Girls Game On
- **BGC**
Out of School Program
- **BGC**
Summer Day Camp
- **Rebound**
Early Intervention & Prevention
- **VON**
School Food Nutrition
- **YMCA**
Autism Summer Camp
- **YMCA**
Resource Houses

Healthy People, Strong Communities

- **Canadian Red Cross**
Subsidized Transportation
- **Canadian Red Cross**
Homeward Bound in North Lambton
- **Family Counselling Centre**
Subsidized Counselling
- **Family Counselling Centre**
Tel Check Program
- **LEO**
Subsidized Transportation
- **New Beginnings, ABI & Stroke Recovery**
Community Integration



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